

## General Welfare Requirement: Safeguarding and Promoting Children's Welfare

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

### Promoting health and hygiene

## Nappy Changing and Toileting

### Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

All children are treated with dignity, care and compassion during nappy changing/toileting. Staff will ensure this time is relaxed and never make negative comments about nappy/potty/toilet contents.

### EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

### Procedures

- Children are changed as and when necessary - not at set times. But we will adhere to parent/carers wishes and children's routines.
- Young children from two years should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Only staff members with Criminal Records Bureau (CRB) Enhanced Disclosure clearance will undertake nappy changing/toileting duties.

- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent so the task is undertaken by someone the child is familiar and comfortable with.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Nappy cream can be applied if supplied by the parent/carer and with written agreement.
- Gloves and aprons are put on before changing starts and the areas are prepared. A paper towel is put down on the changing mat freshly for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children.
- Key persons are gentle when changing. They avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- The changing mat is wiped down with anti-bacterial wipes/spray after each nappy change.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. The setting has a 'duty of care' towards children's personal needs.

We ask parents/carers to provide:

- Spare nappies
- Wet wipes
- Change of clothes/undergarments
- Nappy cream (if appropriate)
- Nappy sacks

## **Toileting**

When a child is ready to make the transition from nappies/pull ups to pants, we work in collaboration with parents/carers to ensure a consistent approach.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of caring adults.

We ask parents/carers to provide:

- Change of clothes/undergarments
- Wet wipes
- Nappy sacks(for soiled clothing)

## **Procedures**

- Children will have access to toilet/potty as and when they need them, not at set times and in line with parents/carers wishes as far as possible.
- Children will be encouraged to wash their hands after using the toilet/potty.
- Children will not be left in wet/soiled clothes. We have spare clothing if parents/carers have not supplied any.
- Soiled/wet clothing will be bagged and given to the parent/carer. We ask that any borrowed items are washed and returned ready for re-use.
- As children become more confident they will be encouraged to manage their own personal hygiene independently.